DESERT HILLS PRESBYTERIAN CHURCH PANORAMA

Pastors Peace:

Welcome Back to In Person worship, service and Fellowship.

As the spread of Covid-19 has been decreasing, due to vaccines and social distancing, we are able to do more in person activities for the Lord. Prayerfully consider regular worship... we can even accommodate you on the patio or in Fellowship Hall to be super safe. Also watch and share on Facebook.

Bible Study and Book Study have room for more. And they are both in person and on zoom. These are places of deep "friendship making" as well as spirituality and insight. No need to be lonely or empty or dull!

Service is needed in the following area: data entry with Servant Keeper Software, building maintenance projects, helping with Memorial Service meals and set ups. Finally we are needing some planners to get important events started back up... Fellowship events/meals, Rummage Sale, Women's events, Men's meals. Please call me or email if you sense the Call of God.

Summer Camp is waiting for you. Please go on line to Big Bear Christain Camp and Conference Center and sign up now! If you need financial assistance please call Pastor Wayne. Don't wait.

We've gotten used to "watching church" and ministering just to those in our household. Church is about following Jesus IN THE WORLD. It involves leaving the comfort of our own home and our own people. "Foxes dens and rabbits have holes but there is nowhere for the Son of Man to lay his head." Would you join the Lord Jesus in getting out of our homes and into the world.

Pastor Wayne

HERE ARE THE SUNDAY READINGS FOR JUNE:

June 6 th	1 Samuel 8:4–11 (12–15) 16–20 (11:14–15)	
Pastor Wayne	The people demand a king; reluctantly, Samuel anoints Saul.	
Communion	Psalm 138	
Live Broadcast	I give you thanks, O Lord; all the rulers of the earth will praise	
	you.	
June 13 th	1 Samuel 15:34—16:13	
Pastor Wayne	Samuel visits Jesse's sons and anoints the youngest, David.	
Live Broadcast	Psalm 20	
	The Lord will help the anointed one; God will fulfill your	
	plans.	

June 20 th	1 Samuel 17:(1a, 4–11, 19–23) 32–49	
Pastor Wayne	Armed with only a sling, young David defeats the giant Goliath.	
Live Broadcast	Psalm 9:9–20	
	The Lord helps the oppressed; the poor will not be forgotten.	
June 27 th	2 Samuel 1:1, 17–27	11:15am
	David laments the deaths of Jonathan and Saul, killed in battle.	<u>Sanctuary Talk:</u>
Pastor Wayne		Patti Tilson
Live Broadcast	Psalm 130	'Listening to another's
	Out of the depths I cry to you, O Lord; in your word I hope.	Story as an act of love"
		3:00pm - 7pm
		Youth Backyard gathering
		at Nancy Anns

SESSION NOTES

David Jenkins, Clerk of Session

Session voted to transfer Mary Hopkins to "Inactive" status.

Corrections to names in Apr 20th Minutes: JennaRose Davies to "JenahRose Nievaeh Davies", Julie Slife to "Julie Rhyasen".\

Dave Jenkins volunteered to be our Presbyterian Commissioner.

Thanks to all who participated in the church's work between April 26th and May 17th while Pastor was in Washington State.

Thanks to those who took part in finalizing records of Giving/Donations for 2020.

Food Pantry in Joshua Tree reopened Mar 26th. Hours: 9 AM - 11 AM. Still not accepting clients from 29 Palms as they have their own Food Pantry.

Deaths - we lost Gloria Hays and Shirley Kendrick during this month. Clerk tasked with sending a condolence letter - on behalf of Desert Hills - to each family.

NOTE: Earlier today, Rose had a phone conversation with Chuck Whittaker. He still, occasionally buys candy, keeps the purchases because he doesn't know what to do with the candy

<u>HAPPY BIRTHDAY THIS MONTH TO</u>

02	Bob Smith	05	Chuck Miller	06	Mary Schroeder	08	Sherry Evens
12	Ceci Harner	13	Jay Peck	14	Jeanne Bowyer	21	Tommy Hernandez
23	Johnnie Arrowood	29	Rosie Potts	30	David Clements		

HAPPY ANNIVERSARY THIS MONTH TO

25 John & Jenni Ellsworth

29 Ted & Beverly Hartnett

FUN! FUN! FUN! FUN! FUN!

WHAT: **Back Yard Gathering**

WHO: Youth Group and Friends

June 27^{th} at 3 - 7WHEN:

WHERE: NancyAnn's Yard

8160 Cholla Ave., Yucca Valley

LOOK FOR: - Balloons and Turtle Mailbox

INCLUDES: Delicious, healthy food, games and activities

(ping pong, corn hole, darts and others.)

ALL food and drinks provided. NOT a Pot Luck!!!

COME ONE! COME ALL!

GETTING TO KNOW YOU

AND OUR JANE SAID, "YIKES"

BY Ted Hartnett

Recently at our DHPC Book Club meeting, sitting in our COVID spaced plastic chairs in the patio with the breeze gently blowing, diminutive Jane Mootz told us, "that's a verdin in the tree behind us". No big deal, everyone knows Jane is a birder but the tree was behind Jane and she couldn't se the silly thing. She knew it by its sound! That is so Jane. She knows stuff...a lot of stuff. Birding, astronomy, medicine, music, hiking and even politics (just ask her about the election, I dare you, no I double dare you). And all this while we know Jane to be one of the kindest, most caring person you could ever meet. Most of all, everyone likes Jane, a lot.

She was born in the little south Wisconsin town of Baraboo, the home of the Ringling Bros. Circus, indeed, went to school with a Ringling girl. She was the oldest child in a family of 6. Her father she says "had a candy vending business which made them popular with friends who thought they might have access to the goodies....wrong." She and siblings have often remarked how fortunate they were to have been born where they were, and with the parents they had. It seemed an idyllic time.

Jane played French horn in the school band competing all over the state, individually and as a band member. She says it was "lots of nervous fun but was a real highlight of my high school years." She always wanted to be a nurse, so got an after school job at the local hospital working in the kitchen. Also during the summer she worked in the A & W Root Beer stand as a carhop which was "the place to be. Wow!" In the winter, Jane worked in a German bakery, again a fun job. They could have all the goodies they wanted to eat....that lasted about a week when she "couldn't stand another cookie". She then followed her aunt and cousin to their nursing school in Madison.

After graduation, Jane married a U of Wisconsin student from Detroit and moved to Michigan, working in Surgery, then after a move from that area she worked in Labor and Delivery until she was asked to help out in the brand new ICU. With her engaging smile Jane tells, "Yikes! I was scared but made the move and never looked back." They had 3 children, daughter Kelly, and 4 years later twins, Scott and Karen.

The family moved to San Diego in 1968, although Jane was "not eager to live in California where "EVERYBODY was blonde, good looking and a bit faster." She found a job as an ICU nurse, Head Nurse, then Supervisor. And became one of the first CCRNS (Critical Care RN-certified in the San Diego area. After 18 years in critical-care she moved to Clinical Research for a cardiologist.

Jane and her husband divorced and after about seven years, she married David Mootz who was leading bicycle rides (he owned and operated a bike shop in San Diego). "He was a San Diego native and knew all the interesting spots." Jane says, "It was so good to be outside doing something physical after spending my days indoors in my career." David then got the wanderlust, wanting to live in a small town after having lived in the city all his life. "Of course I didn't want to move, but what the heck! As long as I didn't move too far from my adult children, I was game to try it," Jane explains.

When they were camping in the Sierras they met a couple from Yucca Valley who extolled the virtues of the town: the desert sky would be good for their astronomy and the nearby National Park and Big Morongo, perfect for birding and hiking. "We were sold! I retired and we moved." Once living here in their hilltop home, Jane and David would race each other on their telescopes to find a given star. The move was most everything they hoped it to be.

Finding, after just a couple of months, she did not like retirement, Jane got a job as a Nursing Supervisor at Desert Regional Medical Center where she was in charge of the hospital every Saturday and Sunday evening shift. She worked there for the next 19 years until retiring at age 79.

David and Jane enjoyed traveling, often to Hawaii, with lots of camping and a wonderful trip to Australia, Fiji and New Zealand for his 70th birthday. He passed away in 2002. She continued hiking, birding and "since then astronomy wasn't as much fun without David, she gave it up for stargazing", Jane said wistfully. Then she and a friend camped all up the California coast and traveled together to England, France, Spain and Amsterdam.

She has continued birding, helping with the education of school children, and with leading birding walks until the pandemic curtailed those events. Her family in San Diego has grown to 9 grandchildren and 5 great grandchildren, 3 born this past summer. She hasn't been able to see the babies yet. "Until the pandemic, I would travel to San Diego about every couple of months for my 'kid fix'. Soon, soon." She did see her two girls recently.

After retirement, when Jane could again attend church, Beverly Hartnett, who knew her from water aerobics, recommended DHPC. Jane liked our friendliness and appreciated Pastor Wayne's "many talents", so she "had found a church home". And in turn we got a very competent lady who, like Sara Lee's pastry, is someone "nobody doesn't like."

FOOD PANTRY RE-OPENING

Submitted by David Jenkins

The Food Pantry re-opened on May 26th.

Bread and/or Eggs may not be available until a later date. Will keep you informed. We plan to be open every fourth Wednesday from 9AM to 11AM until further notice.

We, ignorant of ourselves, beg often our own harms, which the wise powers deny us for our good.

William Shakespeare

Have patience with all things, but chiefly have patience with yourself.

Do not lose courage in considering your own imperfections, but instantly set about remedying them – every day begin the task anew. Francis de Sales

NEWS FROM PRESBYTERY

LOUISVILLE — The **2022** version of Presbyterian Youth Triennium will feature a **Matthew 25** framework, activities that will extend a full year following Triennium and enough innovation to send thousands of high schoolers and young adults scurrying to register — once registration goes live this winter.

Among other changes, organizers are moving the popular every-three-years event, set for July 24-27, 2022, from the campus of Purdue University, *which has hosted Triennium since 1983*, to a place where everyone involved can enjoy around-the-clock air conditioning: the Indiana Convention Center in Indianapolis, as well as at least eight nearby hotels, most of them connected to the convention center by pedestrian walkways. All attendees will enjoy their





meals together in a large assembly hall at the convention center. Meals together will also include Bible study, games — and one of PYT's signature components, music.

The Indiana Convention Center in Indianapolis will be home for the 2022 Presbyterian Youth Triennium. (Photo courtesy of the Indiana Convention Center)

The theme for the gathering of high school-aged youth from the PC(USA) and Cumberland Presbyterian Churches, said Gina Yeager-Buckley, Associate for the PC(USA)'s Presbyterian Youth and Triennium, is "When Did We See You?" Taken from Jesus' Judgment of the Nations as depicted in Matthew 25:31-46, the theme is designed to engage young people with seeing, acting, awareness and a number of justice qualities, including just living and "just being just," she said. The mission priorities at the heart of the Matthew 25 invitation—dismantling structural racism, eradicating systemic poverty and building congregational vitality — will be explored in depth, "as they are the foundational content for the whole event," according to Yeager-Buckley. (Continued Next Page)

Another innovation: rather than meeting in small groups as before, attendees will explore Triennium themes as part of about 15 "Lens Labs," such as through poetry. Youth who would rather stay in a small group can do so using a small group guide. Participants will "choose how to explore the Scripture based on passion, interest or curiosity," Yeager-Buckley said.

"Truthfully, this generation of young people — they are profoundly, seriously ready to go when it comes to race and poverty," Yeager-Buckley said. "They are more passionate about the environment, about fairness, about how a person is truly 'themselves' — as God made them — and how they tackle, disarm and embark upon the serious path of healing." Congregational vitality, a Matthew 25 focus many see as a natural fit with Triennium, comes "from vigilance and action," she said. "It can stem from idealism that then evolves into a deep resonance and understanding. That's where we're going with PYT 2022." (Cont'd)



While organizers are waiting until fall to announce Triennium leadership, Yeager-Buckley said the leaders selected are "exciting" and "excited about the 2022 event."

"There is this sense that all of us are embarking on a new adventure to connect younger Presbyterians with each other, to the world as it is and to how God calls them to see and do. When you have that feeling — as planners, leaders, chaperones, parents — you feel gratitude and a sort of scary joy, because it's a change. And the world is tough. And our young people are so ready to see and do."

During the year following Triennium, youth will build on their experience through an approach called PYT Beyond. Those opportunities will include resources, opportunities, traveling retreats, leader development seminars and mission experiences, both in-person and virtual, all employing the PYT theme and content.

Those post-Triennium events "will expand and deepen the impact of the excellent content the event and its leadership create," Yeager-Buckley said. A full ministry team called "PYT-B" is at work fleshing out these features.

"This is something we have wanted to do for the past decade, so that the impact lasts longer and goes more deeply," Yeager-Buckley said. "We know Triennium is impactful, but what makes it more impactful is taking it and sharing it."

The cost for youth to attend is \$515. Adults will pay \$535. While registration won't be available for a few months, registrars are already working with presbyteries and churches to recruit participants, plan budgets and, as Yeager-Buckley said, "interpret the Triennium to the thousands of churches and families out there." Registration information, including how to register, help with building a delegation and event resources, will roll out over the summer and fall on the Presbyterian Youth Triennium website, found here.

As it has for everyone for the past 14 months and for Triennium planners for more than four decades, safety for participants, their adult chaperones and others involved in the four-day event is the primary concern.

"We, like everyone else in the church and world, are carefully navigating the COVID realities, guidance and instruction," Yeager-Buckley said. "We have worked closely with the Indianapolis Visitors and Convention Bureau and the hotels and all our colleagues in the Presbyterian Mission Agency and Administrative Services Group to be very aware, vigilant and informed as we move ahead."



Triennium planners feel "a deep sense of responsibility to 'go deep' and 'move creatively' with the 2022 event and all plans beyond," Yeager-Buckley said. "Matthew 25 and the vision for restoring wholeness to God's people — this is not a simple, 'catchy' or temporary thing. It's life-changing. It demands all of us, planners and participants, to open our eyes, really see what is happening and really be aware of how we each have a call to see Jesus in each other and then move because of that."

Learn more at presbyterianyouthtriennium.org.

Gina Yeager-Buckley

FOOD for THOUGHT

THE GIFT OF THE HOLY SPIRIT

Acts 2:38-43

We don't need to pray specific words for the Spirit to arrive, nor do we have to attend a special service invoking His presence in order for Him to dwell in us, but Scripture teaches that He comes to permanently live within a new believer the moment he or she places faith in Jesus. Any teaching that claims we can lose the Spirit and must regain Him over and over again is false. As soon as we trust in Jesus, His Spirit comes to abide with us, forever (John 14:16). This truth is essential to understand, because Scripture clearly says that anyone who doesn't have the Spirit does not belong to Christ (Rom. 8:9).

MORE FOOD for THOUGHT

LOSE WEIGHT FAST: SHED YOUR BURDENS

WORRY IS ONE THING YOU SHOULD NEVER <u>RECYCLE</u>!

"Change is the law of life, and those who look only to the past and present are certain to miss the future" — *John F. Kennedy*

"Don't let rejection create self-doubt. The founder of Starbucks was turned down by 217 of the 242 investors he initially spoke with." - Elizabeth Galbut

Band-aids and Brussel Sprouts Health and Nutrition Newsletter

Beverly Hartnett

Covid Passport Cards Do's and Don'ts - If you lost your card after your first dose, return to your appt. as planned. Most health care providers are in a registry. If you lost it after your second dose connect with the place you received it. Everyone is registered in CAIR- Calif. Immunization Registry. You can also request your record directly with CAIR. (2) Don't laminate your card. The heat can damage the ink. Place it in a clear plastic sleeve. (3) Double check the information on it at the time of receiving it. If incorrect, ask for a replacement. (4) Don't take it everywhere as you might lose it. Keep it with important documents. Bev says not everyone will agree with this but use your own judgement because some places are already requesting proof when seen in a medical office. (5) Do take photos of the front and back of your card as a backup. (6) Don't share it on social media. People can make fake ones using your lot number. (6) Do share your record on social media. Facebook recently added a way to add info that you have been vaccinated on your personal picture. This might encourage others to do so.

SOURCE: The LA Times, Jessic Roy, April 25, 2021

Dementia Risk From Less Sleep - Drs. have been aware that people with dementia often have insomnia. It is not clear if a sleep issue is a symptom of a disorder of the brain or the cause of it. Studies have found that people in their 50s-70s who don't sleep well are more likely to develop dementia. These people were more likely to develop brain disorders if they got 6 hrs. or less sleep. Earlier studies tell us that sleep can aid a process that clears toxin proteins from brain tissues. These toxins have been found in high levels with Alzheimer's patients.

SOURCE: The Week, The Guardian (UK), May 7, 2021

RESOURCES FOR HOSPICE CARE - When a loved one approaches the need for Hospice care it can be overwhelming to decide which agency may be the best for their needs. Below is a quick way to review facilities before making a choice. There are many located in the upper and lower desert. These are the steps to take:

Go to Medicare.gov and sign up for an account

Go to Providers and Servicesenter zip code.....then provider type
choose Hospice Care and click on Search & a list appears
choose 3 at a time to compare

SOURCE: The LA Times, April 25, 2021, Jessica Roy

<u>COVID AND EARLY DEATHS</u> - People that survive Covid may have "long term" debilitating health problems. The VA Dept. studied the health records of 87,000 people for 6 months following a positive test. This was compared with 5 million people who did not contract the virus. The survivors were more likely to develop health problems, such as, kidney disease, heart, mental health issues and diabetes. Sadly, Covid patients had a 59% increased risk of dying within 6 months after contracting the disease. The author indicated that as we learn more about this condition it is becoming more alarming.

SOURCE: The Week, May 14, 2021, as reported by Bloomberg.com

COVID'S LINGERING AFFECTS ON THE BRAIN - The article was very extensive so I will just summarize a few facts. Mainly, "one third of survivors were diagnosed with a psychiatric or neurological illness within 6 months of infection." These conditions include anxiety disorders, sleep disturbances, stroke and dementia. Most of

these people were sick enough to be hospitalized and more so if they were in intensive care. The above findings were published in the journal, Lancet Psychiatry. The pandemic will leave a large population of patients with ongoing problems. The public health implications are serious and are going to be massive.

SOURCE: The LA Times, April 9, 2021, Melissa Healy.

"The measure of intelligence is the ability to change" - Albert Einstein

FOOD for THOUGHT

John 15:5-17

In his book, The best Is Yet to Be, Henry Durbanville told the story of a little girl in London who won a prize at a flower show. Her entry was grown in an old, cracked teapot and had been placed in the rear attic window of a rundown tenement house. When asked how she managed to raise such a lovely flower in such an unlikely environment, she said she moved it around so it would always be in the sunlight.

Durbanville then reminded his readers of Jesus's words, "As the Father loved me, so have I loved you. Now remain in my love" (John 15:9). We learn from this that we too must keep ourselves continually in the warmth of Christ's love.

We feel the warmth of Christ's love when we obey His commandment to love and serve others. That's the way to stay in the sunshine!

<u>RECIPE FOR THE MONTH</u>

Patti Tilson

Slow-Cooker Pulled Pork

 one 3-4 pound pork shoulder roast salt (to coat the meat; coarse salt, like <u>kosher salt</u>, works especially well; <u>Hawaiian pink salt</u> is great!) garlic powder (or 2-3 teaspoons minced in a jar, or 5 peeled fresh cloves)
 OPTIONS: Place 3 strips of uncooked bacon in the bottom of the slow cooker before adding the roast. When pork has been cooked and shredded, stir in some BBQ sauce, teriyaki sauce, or another favorite sauce or seasoning.
sandwich or Hawaiian rolls, OR ice, pasta, or potatoes to serve with the pork

- 1. Trim some of the fat off the roast.
- 2. Coat roast with salt and garlic. (If using fresh garlic cloves, cut slits in meat and slide cloves into the slits.)
- 3. Place in slow cooker; cook on low for 6-8 hours (until meat begins to fall apart).
- 4. Use 2 forks to shred. (Take meat out of the slow-cooker before shredding. Meat will be too salty if shredded while still in the slow-cooker.)
- 5. Serve "as is" or "sauced" on sandwiches or over rice, noodles, or boiled or mashed potatoes.

NOTE: Leftovers reheat well and freeze well.

FOR VARIETY: After meat has been cooked and shredded, divide it into 2 portions; then mix in a different sauce with each portion, say BBQ sauce in one portion and teriyaki sauce in the other.